

Thursday 27<sup>th</sup> January 2022

Dear Families,

On the week commencing the **31<sup>st</sup> January**, the children will be taking part in a '**Changing Me**' week in which all children will be learning about their changing bodies and how to prepare themselves physically and emotionally for these changes.

At Floreat Wandsworth Primary School, we believe that a comprehensive programme of Personal, Social, Health and Economic (PSHE) education gives pupil the knowledge, skills and understanding they need to lead confident, healthy, independent lives, in order to become informed, active and responsible citizens.

**As of September 2020, the Department for Education made Relationships and Health Education compulsory in all primary schools.** This new guidance focuses on healthy relationships and keeping children safe in the modern world. Additionally, it covers a range of topics relating to physical and mental health, wellbeing and safeguarding. Learning about the emotional, social and physical aspects of growing up gives children the information and positive values to have safe and fulfilling relationships and help them take responsibility for their own wellbeing.

**During 'Changing Me' week, pupils across Floreat Wandsworth will be learning the scientific names for particular parts of their bodies as well as details of the life cycle of humans.** As a team, the teachers of Floreat Wandsworth have worked together to ensure that these are to be delivered in a safe and age-appropriate way as part of our duty of care to all pupils at this school. As a result, children in Year 5 and Year 6 will be taught in more depth about the specific bodily changes that occur during puberty and how these changes are necessary for the human body to be able to reproduce, whilst not yet covering how babies are made. For more detailed information on our curriculum coverage, please see our PSSHE policy:

<https://www.floreatwandsworth.org.uk/ckfinder/userfiles/files/FW%20PSSHRE%20Policy.pdf>

To help support you at home, please follow the link below for a summary of the vocabulary that is to be taught in each year group as part of our 'Changing Me' week:

<https://www.floreatwandsworth.org.uk/ckfinder/userfiles/files/FW%20Changing%20Me%20Week%20Vocabulary.pdf>

**This tables relates directly to the Relationships and Health Curriculum, which is compulsory for all pupils, as well as some elements of the Science programme of study.**

We look forward to exploring these objectives with your children and we will provide a nurturing environment where they will feel safe and comfortable. Should you have any queries about this learning, please contact your child's class teacher or a member of the leadership team.

Kind regards,

FW Leadership Team