

## Floreat Wandsworth Progression of Learning in **Dance**

	Dance focus	Skills	Style
Nursery	Space – physical surroundings, size of space and safety in	Experiments with different ways of moving.	Movement to Rhythms
	space.	Imitate movement in response to music.	
	Imagination – use imagination to respond to music.	Move body in response to music.	
		Understand use of space.	
		Look at different movements that can be used in dance.	
Reception	Space – physical surroundings, size of space and directions to	Begin to move body rhythmically.	Movement to Rhythms
	move in.	Move body to sounds they enjoy.	
		Experiments with ways of moving	
		Join in with circle/dancing games.	
		Practise and repeat dance sequences.	
		Begin to imitate movements shown to them by adults.	
Year 1	Timing Repetition	Copy and repeat simple skills.	Fairy tales
	Balance	Respond to different stimuli with a range of actions.	



	Stillness Direction	Copy and explore basic body actions demonstrated by teacher.	
		Copy simple movements.	
		Compose and link movement phrases to make simple dances with start middle end.	
		Use stillness within a sequence.	
		Practise and repeat movement.	
		Move around the space in different directions.	
Year 2	Unison Canon Levels	Copy, remember and repeat simple skills with control and coordination.	Seasons
	Posture Facial expression	Can link several movements together.	
		Discuss different stimuli and starting point for creating dances.	
		Vary skills, actions and ideas.	
		Compose and perform dances that express and communicate moods, ideas feelings.	
		Remember and repeat short sequence of dance.	



Year 3	Improvisation	Watch and demonstrate taught cultural dances or community	
	Formations Transitions	story.	Traditional dance
	Transitions	Work creatively in a group.	
		Improvise freely with a partner showing an imaginative response to different stimuli.	
		Apply basic compositional ideas to create dances that convey feeling and emotion.	
		Show awareness of others in the space when dancing in groups.	
		Explore new and different actions.	
Year 4	Dynamics Musicality	Formally perform a cultural dance to an audience.	Bollywood
	Coordination Stimulus	Select, use and perform with coordination and fluency.	
		Use a range of actions to begin to combine movements and patterns.	
		Describe what makes a good dance sequence.	
		Begin to design movement phrases that respond to stimuli.	
		Link movement together with increased precision.	
Year 5	Counterpoint	Understand and interpret the role dancers play in sequences.	Haka



	Focus Control Canon	Look at moods and atmospheres and discuss impact.	
		Performance shows precision, control and fluency.	
		Experiment with a wide range of actions.	
		Think about character narrative ideas and respond through movement.	
		Create and perform dances using a variety of patterns, speed, continuity.	
		Incorporate canon into their sequences. Perform and review, own and others sequences.	
Year 6	Complementary Contrast Interpretation	Explain in depth the role and coordination of elements within dances performed and dances watched.	Contemporary dance
	Execution Critical appreciation	Perform dances with accuracy and consistency.	
		Extend compositional skills incorporating wider range of dance styles.	
		Perform dances with expression and confident movement. Respond to a range of stimuli using improvisation. Use a range of space when performing.	