



Floreat Wandsworth Clubs – Summer 2023

| <u>Club</u> | <u>Day/Time</u> | <u>No. of Sessions</u> | <u>Start</u> | <u>End</u> | <u>Cost</u> |
|----------------------------|---------------------------|------------------------|----------------------|----------------------|-------------|
| Y1-3 Basketball | Monday 3.30pm – 4.45pm | 9 | 24 th Apr | 10 th Jul | £76.50 |
| Y3-6 Gym *NEW* | Tuesday 3.30pm – 4.45pm | 12 | 18 th Apr | 11 th Jul | £102.00 |
| Y3-6 Football *Day change* | Wednesday 3.30pm – 4.45pm | 12 | 19 th Apr | 12 th Jul | £102.00 |
| Y1&2 Football | Thursday 3.30pm – 4.45pm | 12 | 20 ^h Apr | 13 th Jul | £102.00 |
| Y1-3 Gymnastics | Friday 3.05pm – 4.15pm | 11 | 21 st Apr | 14 th Jul | £93.50 |
| Reception Football | Friday 3.05pm – 4.15pm | 11 | 21 st Apr | 14 th Jul | £93.50 |



Club Descriptions

Basketball - Children will have the opportunity to learn and develop a wide range of passing and receiving skills as well as different types of movement to create space and shooting opportunities. Children will learn how to play as a part of a team and be given opportunity to make choices whilst in possession of the ball.

Gymnastics - Gymnastics is a sport that requires great flexibility, balance and control. It also provides a unique and valuable social education and experience. AM Sports Academy gymnastics classes aim to develop balance, co-ordination, gross and fine motor skills, special awareness and body control and include areas such as tumbling, vault work, balance beam, and dance.

Football - AM Sports Academy's football club aims to improve participants technically by working on control, passing, movement, turning, shooting, attacking, defending and creating space. These are the key attributes which are worked on over a fun and exciting syllabus. The sessions are inclusive for all abilities and we have a real focus on participation and enjoyment.

Each session starts with a fun warm up before moving into skills work, which follows the AM Sports Academy syllabus to aid progression, and finishes with small sided matches to give children the opportunity to put their newly learned skills into match situations.